

From 1<sup>st</sup> May 2023

# Price List



## 1:1 Sessions

	Duration	Charge
Musculoskeletal Physiotherapy Assessment	60 minutes	£70
Musculoskeletal Physiotherapy Treatment	30 / 60 minutes	£45 / £70
Specialist Physiotherapy Assessment*	60 minutes	£80
Specialist Physiotherapy Treatment*	30 / 60 minutes	£50 / £80
Functional Movement Screening	90 minutes	£105
Mummy MOT Assessment	90 minutes	£90
Clinical Pilates Private Tuition	30 / 60 minutes	£45 / £70
Sports Massage	30 / 60 minutes	£45 / £70
Home Visit Physiotherapy Assessment	60 minutes	£90
Home Visit Physiotherapy Treatment	30 / 60 minutes	£60 / £90
Virtual Physiotherapy Assessment	60 minutes	£55
Virtual Physiotherapy Treatment	30 minutes	£35

**\*Specialist Physiotherapy Sessions** include Musculoskeletal Services with Clinical Lead, Women's Health, Neurological, Cardiac and Respiratory Services

## Group Classes

	Duration	Pay As You Go	Discounted Rate
Clinical Pilates Class	45 minutes	£12	-20% for full month
Sports Performance Class	60 minutes	£12	-20% for set of 6 classes
Virtual Pilates Class	45 minutes	£6	---

Group Classes include all levels of our popular Clinical Pilates Classes, and our Sports Performance Classes, such as SkiFit and TriFit.

## Cancellation / Missed Appointment Fees

Cancellation more than 24 hours before Appointment Time	No Charge
Cancellation less than 24 hours before Appointment Time	£15
Cancellation less than 1 hour before Appointment Time / Failure to Attend Appointment without notification	Full Appointment Fee

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Independent Sessions	Duration	Pay As You Go
Rehab Science Studio Independent Use**	60 minutes	£8

\*\*Get access to our Rehab Science Studio to work on your Exercise Programme. Use our specialist Rehab Equipment to progress your condition, including the Pilates Reformer, Flywheel Trainer, Treadmill and Wattbike. Booking required. Available during clinic opening hours.

*Please note:*

You must have completed a Physiotherapy Assessment and have been prescribed an Exercise Programme by your Physiotherapist to be able to use the Rehab Suite. You will be working independently, but our staff will be on hand to assist you if you have any concerns or problems with your programme.